

- ✦ Highest quality taekwondo training for most advanced martial arts & character development.
- ✦ Earn national recognition from the White House & the President of The United States of America for volunteer service.
- ✦ Gain confidence while assisting class instruction and build a strong sense of duty in all aspects of life.
- ✦ Learn valuable leadership techniques while deepening personal commitment to the team, to school, to home and family and beyond.



LEADERSHIP



PROGRAM

Leaders consistently maintain a professional appearance while demonstrating exemplary behavior as they act like role models for other students.

SKY Martial Arts in Warrington



Requirements Of Leadership

1. Must be at least **11 years old**.
2. Attend Leadership Class each Saturday.
Attendance is Mandatory.
3. Assist in minimum **two classes per week**
(or more with Master's approval)

In a specially-designed class that happens once per week, Leaders are taught the necessary skills to be successful in assisting with regular TKD classes throughout the week. All Leadership Students create their own volunteer schedules with Master's approval and they are solely responsible for notifying the school if they will be absent from a shift. In this way, the program imparts students with a sense of personal integrity and reinforces their duty to the school and all other life commitments.

Seminar Topics

- Teaching Techniques
- Target Holding
- Motivation
- Holding Boards
- Referee Training
- Inspirational Leadership Skills
- Age-Specific Training Techniques
- Basic First Aid
- Voice Projection
- Etiquette
- Korean Language

President's Volunteer Service Award

The United States of America has a long and proud tradition of volunteer service. Now more than ever, volunteers are renewing their commitment to helping others and making new connections that bring us closer together as families, as neighbors, as communities and as a Nation.



Award Levels – Service Benchmarks

Age Group	Bronze	Silver	Gold	Lifetime
Kids (5-10)	26-49	50-74	75+	4,000
Teen (11-15)	50 – 74	75 – 99	100+	4,000
Young Adults (16-25)	100 – 174	175 – 249	250+	4,000
Adults (26+)	100 – 249	250 – 499	500+	4,000

